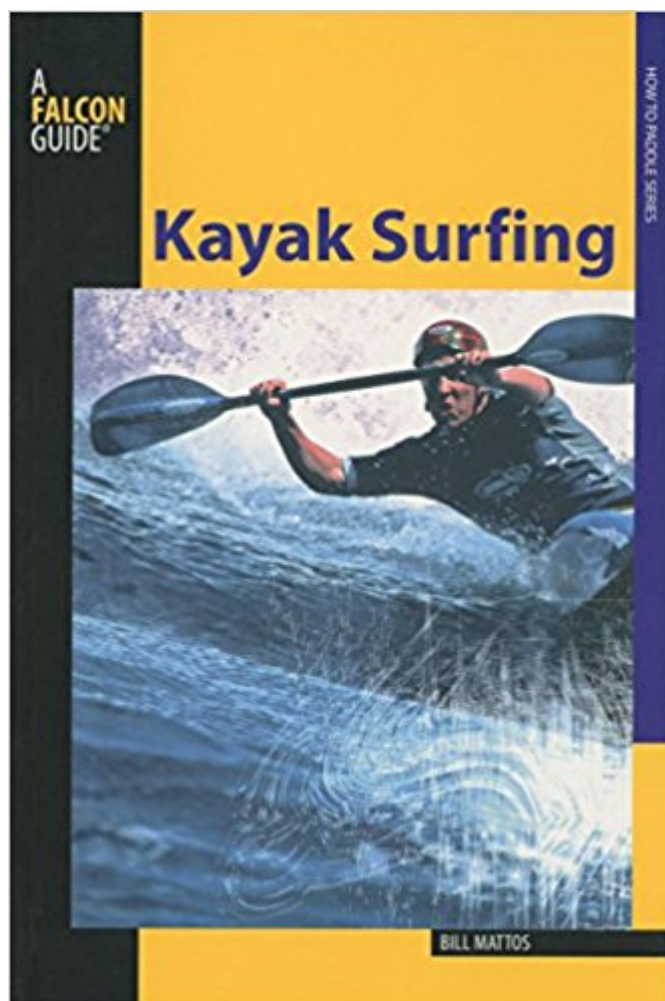


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# Kayak Surfing (How To Paddle Series)



## Synopsis

The most up-to-date, inspiring, and helpful guide to kayak surfing ever published, *Kayak Surfing* is a modern and visually dynamic resource by a leading expert in the sport. From basic principles to surfing etiquette, advanced technique, and the psychology and philosophy of ocean wave riding, this book covers it all. Stunning photographs from pioneering sessions across the globe—from Cornwall in the United Kingdom, to South Africa, to Tahiti—fill the book. Bill Mattos's conversational style and clear explanations, further ensure that *Kayak Surfing* is, hands-down, the only book on the subject worth having—whether for experienced surfers or those yet to make the leap into the surf.

## Book Information

Series: How to Paddle Series

Paperback: 160 pages

Publisher: Falcon Guides; First Edition edition (May 5, 2009)

Language: English

ISBN-10: 0762750839

ISBN-13: 978-0762750832

Product Dimensions: 6 x 0.5 x 8.9 inches

Shipping Weight: 13.6 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars 6 customer reviews

Best Sellers Rank: #1,527,106 in Books (See Top 100 in Books) #92 in Books > Sports & Outdoors > Outdoor Recreation > Kayaking > Sea Kayaking #337 in Books > Sports & Outdoors > Outdoor Recreation > Surfing #482 in Books > Sports & Outdoors > Outdoor Recreation > Canoeing

## Customer Reviews

One of the most up-to-date, inspiring, and helpful guides to kayak surfing ever published, *Kayak Surfing* is a modern and visually dynamic resource by a leading expert in the sport. From basic principles to surfing etiquette, advanced technique, and the psychology and philosophy of ocean wave riding, this book covers it all. Throughout the book are stunning photos of author Bill Mattos and other top kayak surfers in action, many from pioneering surfing ventures across the globe—from Cornwall in the United Kingdom, to South Africa, to Tahiti. Mattos's conversational style and clear explanations further ensure that *Kayak Surfing* is a must—whether you're an experienced surfer or have yet to make the leap. It will have you pushing the boundaries, pulling off

the latest moves, towing into ever more implausible wave faces . . . and traveling to ever more remote reaches of the earth in search of adventure. This book covers

- What you'll need
- Where to start
- Getting to the wave (before it gets to you)
- Taking off
- Ride direction
- Simple turns
- Controlling speed
- The kayak surfer's Ten Commandments
- Core moves
- Racing ahead
- Carving around
- Tucking under
- Working it
- Surviving
- Rip till you die
- Radical moves
- The mystical stuff
- Training & fitness
- Preparation
- Competition
- Gear and clothing

Author of multiple books on kayaking, one of the sport's leading experts, international surfing competitor.

Having not met anyone else who I can kayak surf with in my area, the information is important to me. Unlike many other similar How To guides that I've seen on various subjects, Mattos gives the beginner and the intermediate surfer enough specific details that are supported by great photos and good book organization to use this book to improve one's skills. The photos are key to the level of functional detail that Mattos describes. And his table of contents makes this book a great technical reference, allowing one to go back and forth to specific skills between tries. The technical information is more detailed than Nigel Fosters Surf Kayaking, but Nigel is a more personable and fun read. Mattos' perspective is orienting towards doing and experimenting. "It's only a book after all," he writes. But it's a book that you can take to the beach and reference when the waves have worn you out and you need a rest on your towel. A good compliment is the video In the Surf - Performance Surf Kayaking by Kent Ford. Older video but good approach.

The book is written in an entertaining style with plenty of stories and good tips.

Great content - With the limited amount of information on surf kayaking it was great to read and learn. Would have given the book 5 stars but it was necessary to glue my cover on after a very short time-book was printed in China. Printing in China just doesn't do for a book you'd like to keep as a reference.

This is a grate book. I enjoyed very much reading the book. very well organized teaching of the wave surfing, starting from the very basic, and advancing to the most extreme surf tricks. beautiful inspiring pictures. I can definitely recommend this book for anyone interested in Kayak wave surfing. It is

essential for the beginner, and grate for the advance surfers.Bill, Hope to see you in Israel some day.We have nice waves, warm water and losts of kayaks.You can plan on a trip to Israel next winter, when the water in UK is too could for paddling.ari.schkolnik@gmail.com[...]Ari

This is a great book. Not for someone that's never been in a boat, but from then on it helps to show you were you can go with surf kayaking. In time to have my skills up to doing everything in the book correctly.

This book is without question the best book on the subject of surf kayaking. Whether you're a sea kayaker or smalller boat surf kayaker, he prepares you to understand waves, the gear, and from the basics through expert techniques.

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